







Dear Friends,

We are delighted to present to you the October edition of the monthly newsletter by the Lancet Citizens' Commission on Reimagining India's Health System. This month's newsletter covers key advancements shaping India's healthcare landscape. We discuss the 'silver dividend' in India's aging society and how Ayushmann Bharat is just the first step towards meeting these emerging needs. A spotlight on biotech highlights the need for innovation-driven growth. Read Dr. Devi Shetty's insights on early heart attack interventions, AIIMS' role in combatting blindness, and India's intensified battle against tuberculosis. Discover why investing in climate adaptation is crucial for healthcare, India's emerging role in electronic medical records, and NITI Aayog's pandemic preparedness report. Save the date for an insightful webinar on 'The Purchaser-Provider Split and the Public Sector,' on November 14!

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This Month's Highlight

Save the Date

Join us for a webinar on "The Purchaser-Provider Split and the Public Sector" organised jointly by The Lakshmi Mittal and Family South Asia Institute at Harvard University and Lancet Citizens' Commission on Reimagining India's Health System.

Date: Thursday, November 14, 2024 **Time:** 6:00 – 7:30 pm IST / 7:30 – 9:00

am EST

Venue: Online on Zoom

Registration: https://bit.ly/3YqnaCQ

Moderator:

Nachiket Mor, Visiting Scientist, The Banyan Academy of Leadership in Mental Health



Views & Opinions



Preparing to reap India's silver dividend

The recent extension of the Ayushman Bharat health insurance scheme to include coverage for the elderly marks a significant step in India's efforts to address the needs of its ageing population. However, we must view this as just the beginning of a larger conversation about achieving the 'silver dividend' - the potential opportunities and challenges associated with an ageing society, writes Poonam Muttreja.



Need innovation-driven value creation in biotech

Biocon Chairperson Kiran Mazumdar-Shaw called for more investment in research and development to drive innovation and foster culture of intellectual property. She highlighted how the country, already the world's largest exporter of generics and a major player in vaccine production, can achieve greater value by nurturing innovation. Mazumdar-Shaw called for a shift in focus toward value creation through innovation.



Interview: Most heart attacks can be reversed in the initial golden hours

On World Heart Day renowned cardiac surgeon Dr Devi Shetty, founder and chairman of Narayana Health, discussed with South First the common mistakes that people make when it comes to heart health despite increased awareness post-COVID-19. From issues like trying to differentiate chest pain and acidity, to the importance of regular checks, role of technology in heart care, and what people can do to maintain a healthy heart, Dr Shetty spoke about all in detail.

Sharpening India's anti-tuberculosis fight



The omnipresence of tuberculosis (TB) in the pages of history and literature is testimony to how the disease has plagued generations across the world and continues to be a major problem even today. India bears over a quarter of the global TB burden. Political will in India has helped drive a great deal of progress in the fight against the disease, *writes Randeep Guleria*.



How AllMS helped eliminate one of the world's leading causes of blindness

In 2010, the All-India Institute of Medical Sciences (AIIMS) sent its team to Nicobar islands to crosscheck the prevalence of trachoma, a bacterial infection of the eyes which can lead to blindness if left untreated. They found that more than 50 per cent of children had been affected [...]This intense surveillance and follow-up drill is the reason that India has been able to eliminate trachoma as a public health problem, a fact acknowledged by the World Health Organisation (WHO), writes Ankita Upadhyay.



Invest in climate adaptation for better health care

The spectre of the climate crisis looms large across India, casting a long shadow on public health. Increased mortality rates, a surge in heat-related illnesses, and the proliferation of vector-borne diseases are just a few of the grim realities we face. These impacts not only devastate individual lives but also erode livelihoods and contribute significantly to the burden of disease, as measured by Disability-Adjusted Life Years (DALYs). India had 9.7 million deaths and 486 million DALYs in 2017, write Aravindan Srinivasan and Madhavika Bajoria.



India poised to be key global supplier of electronic medical records

The hospitals are not the safest places today for the patients, said Devi Shetty, founder and chairman of Narayana Health, and a noted voice in the healthcare sector. Vital care in hospitals suffers because of communication failures, with 80% of the hospitals across the world not having electronic medical records (EMR). "India is in a bright position to develop the EMR technology, and make it available to 80% of the global hospitals," Shetty said at the IFQM Symposium.



Preparing for the next pandemic: what NITI Aayog report says

Four years after the outbreak of Covid, an expert group constituted by NITI Aayog has recommended setting up a comprehensive framework to effectively manage future public health emergencies or pandemics.

The Pandemic Preparedness and Emergency Response (PPER) framework has called for a new Public Health Emergency Management Act (PHEMA), and the implementation of other

measures to ensure a swift and effective response within the first 100 days of the outbreak, writes

Anuradha Mascarenhas.

Featured Partner



The <u>Christian Medical College (CMC)</u>, <u>Vellore</u>, seeks to be a witness to the healing ministry of Christ, through excellence in education, service and research. CMC, Vellore is providing overall research support to the Commission.



Help us develop a roadmap to achieve universal health coverage in India by visiting our website: https://www.citizenshealth.in/

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